

# WHGF Summer Camp Fact Sheet

- What is the camp schedule? Camp is from July 5 through August 11, 2017 from 10AM-4PM Mon-Fri.
- We have early drop off and late pick up.
- How old does my child need to be to participate in summer camp? 7-18 years old.
- Can boys join? They sure can!
- What are the program costs? \$900 for 6 weeks, \$750 for 5 weeks \$600 for 4 weeks, and \$200 for weekly classes if it's less than the 4 week deal.
- Are their scholarships for the summer program? Yes and we also provide payment plans.
- Can I sign up my child for less than 6 weeks? Yes! You can sign up for weekly, 4 weeks, 5 weeks or per week.
- Can we do both the WHGF Summer camp and the YMCA RGPT Sleep-away camp? Yes indeed- some of the WHGF staff will be at the Y camp and some will stay in at the WHGF camp. That is why we have the 5-week option and it will sure be fun and campers will know both staff and other campers. Here is the link Y Sleep Away Camp July 16-21
- Where can I make payments? You can pay by phone or by mail to the WHGF office during office hours.
- Is the Armory air-conditioned- No sorry that is why the kids have water bottled and we do take breaks in air-conditioned rooms if needed.
- When are the kids going on field trips? 3 days in Late July and one date in August we will confirm those dates soon.
- What type if trips? We typically do cultural and a water day and a movie.
- Is there a dress code? Yes, all kids must wear a purple WHGF t-shirt or a purple leotard or compression shirts.
- Do you provide lunch? No, all kids need to bring a HEALTHY lunch and snacks to camp with a water bottle.
- Will parent be able to watch practice? No, but we have a performance for the parents at the end of camp for all the parents to see. And Parent observation each Friday at 3 pm



# **Sample Daily Schedule**

TIME	ACTIVITY
9 – 10 am	Early Drop off
10-10:45	Arrival & Warm up
10:45-11	Games
11-11:15	Conditioning
11:15-11:30	Snack/Break
11:30-12:50	Gymnastics 4 rotations (20 min each) or Activity
1-1:30	Lunch
1:30-3	Gymnastics 3 rotations (30 min each) or Activity
3-3:40	Dance
3:40-3:50	Line up and get dressed
3:50 -4	Dismissal
4-4:30	Late Pick up



# Registration

- All registration must be done online at wendyhilliard.org including a payment of deposit/registration fee.
- You can come into the office to register as well.
- If you unable to put a card on file, please call (212) 316-0315 to complete your online registration.
- To make payment plans please call the main office to schedule payments
- If paying by cash or checks please come into the main office located on 550 west 155th street.

## **Contact us**

- For information or registration please call or email the WHGF office Mon-Fri from 10-5:30PM
- 212-316-0315
- info@wendyhilliardfoundation.org
- For immediate calls in regards to your child please call 646-647-9650 or email Operations@Wendyhilliardfoundation.org
- If unable to reach us please call the Harlem Children Zone Armory
- 212-281-543



## **Safety First**

At the Wendy Hilliard Gymnastics Foundation, your child's safety is our number one priority. Here are some procedures to adhere to ensure that your child is protected!

- When dropping off your children to the Armory site you MUST ENTER THE SITE with your child to be signed in the front desk of the Armory and at the gymnastic space.
- If it is difficult for you to bring your child to the site, then you must sign a permission slip for your child to enter and leave the Armory site without adult supervision.
- If the designated parent is unable to pick up their child at the Armory site, you may do one of the options provided:
- Email <u>operations@wendyhilliardfoundation.org</u> and/or text the program phone to notify the gym of last minute changes.
- Incorporate another adult to emergency contacts
- Sign a permission slip stating if you cannot pick up your child from the Armory by the program late time then you gives us (WHGF staff) permission to take the child to the main office. There is an extra charge for extra late pick up.
- · All campers must have a headshot/photo on file
- There will be some days where the Armory will be closed and in those cases we will go onto field trips. Here are the procedures to abide to:
- Please sign any and all permission slips and hand it into a WHGF staff member no later than 3 DAYS before the trips
- All kids must have a WENDY HILLIARD GYMNASTICS FOUNDATION logo t-shirt when attending field trips.
- Any child with health needs must have a detailed written letter stating the procedures and dosages to provide to their child.



## What to Wear

 At WHGF we require that all of our campers wear a purple leotard or compression shirts with black shorts/pants. You can find purple leotards in various places such as Capizio, Target, Amazon, etc... An alternative would be to wear a purple WHGF logo t-shirt that we sell in the gym for \$15 each with black shorts/pants. Anything else will not be acceptable to wear during camp and your child will not participate in any activities.

# What to Bring

- Campers must have a Refillable Water Bottle- This can be kept at the Armory
- Lunch and snack- the HCZ Armory is a Healthy Harlem Zone so only healthy snacks and lunches and no sports drinks or sodas
- We will review at the parent Orientation



# **Arrival/Departure Permission Form**

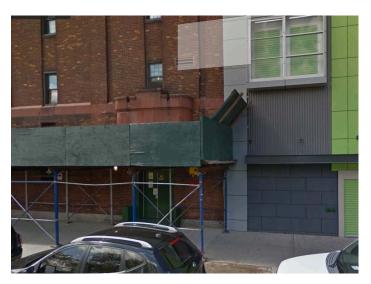
Dear Parent/Guardian of
In order for us to allow your child to come and go from their summer camp
program, Wendy Hilliard Gymnastics Foundation first needs confirmation
from you that your child can leave on his or her own.
Arrival/Departure
I,, allow for my child to arrive and leave
without the supervision of an adult to and/or from the Wendy Hilliard
Gymnastics Foundation located at the Armory at 40 West 143rd street
Monday through Friday from 10AM-4PM.
Child's
Name:
Name.
Parent's
signature:



# **Directions to the HCZ Armory**

40 West 142nd Street New York, NY 10030





#### **Public Transportation**

Option 1: Take the #3 train uptown (<u>must be in 1<sup>st</sup> 5 cars for doors to open</u>) exit at 145<sup>th</sup> street. Walk to 143<sup>nd</sup> Street turn left (east) - first green door past the Storage Facility.

Option 2: Take A, B, C, or D train to 145<sup>th</sup> then take the BX19 heading east toward the Bronx. Exit bus at Lenox Ave. – (last stop before the bus goes onto the bridge). Walk to 143<sup>rd</sup> Street turn left (east) - first green door past the Storage Facility.

\*\*\* Street Parking is extremely limited.

\*\*\* Parking Garage Park 139<sup>th</sup> LLC 34 West 139<sup>th</sup> Street 10037

212 234-0855 between 5<sup>th</sup> Ave and Lenox



# Directions to Wendy Hilliard Gymnastics Foundation Office

550 West 155th Street New York, NY 10032



#### Transportation:

1 Train to 157th street and Broadway
C Train to 155th street and St. Nicholas
Bx6 to 155th street and Broadway
M3 to 155th street and Amsterdam
M2 to Edgecombe and 155th st